Moving Forward with Leaving Care 'Future' Planning

and living options.

young people.

Engage with the Start planning early **Engage with the Engage with** Consider all key (age 15) young person carer significant others domains **KEY DOMAINS must be** SIGNIFICANT OTHERS should considered in the plan, for START leaving care planning YOUR PRACTICE SKILLS will **ENGAGING THE CARER is** be included if appropriate, NOTE: don't wait until NOTE: update example identity and culture, from 15 years of age essential, support them for example someone from help you build rapport and 18 to plan for housing the goal in family and significant to help a gradual building their birth family, Education, engage with the young to support the young person -ChildStory to connections, health and Health, Justice, the NDIA or of skills and supports person to participate use 'Leading the Way' to Know the options for 'leaving care' education help discussions anyone else important in in leaving care planning the young person's life PLAN EARLY to give everyone the time to think about future goals and talk about options THE CARER'S SUPPORT for **IDENTIFY** trusted and positive LEARNING LIFE SKILLS LISTEN to their views will benefit a young person adults who might play a role in the young person will and opinions. It'll make enhance their ability to cope and must be considered in motivation and guidance to INVOLVE the young person, it more real if they feel with new challenges - recognise build connections and maintain the plan. Resources like the 'Living Skills Checklist' and the carer and other significant they have a say, and encourage this effort a good support network people in the young person's after all, it is their plan! 'YOU' website can help life during discussions the young person COMMITMENT is required from all parties to implement the plan **ENCOURAGING CONNECTIONS FINALISE FINANCIAL SUPPORTS THINK CREATIVELY about** THINGS CHANGE for young with family and community what the young person may people! The plan will need to prior to 18 to help with the helps build stability and safety need each step of the way be reviewed and updated transition to adulthood – DCJ and forever networks' (at least annually) while in care and CENTRELINK entitlements TILA is a one-off allowance THINK OUTSIDE THE BOX for **POSITIVE RELATIONSHIPS FALLBACK OPTIONS and** of up to \$1,500 in goods and strengthen identity, trust, options that meet their goals, contingencies should be NOTE: follow up and and services and is available confidence, respect and a do they want similar things to considered and included in 'check in' with the for young people between healthy sense of self their peers or different things? the plan young person after 15 - 25 years they exit care. Remind them they NURTURE WELLBEING through can come back for **EXPLORE FURTHER EDUCATION INVEST TIME to explore strengths** FINALISE the plan at 18 exploring connections, building interests and whatever else help if they need pathways, scholarships and but remember changes and social skills and supporting support (until age 25) other entitlements, for example is needed to help tailor and updates can be made at opportunities to pursue the free Safer Drivers Course personalise the plan any time until age 25 meaningful interests **Explore financial and** Help establish **Review the plan** Think creatively other entitlements connections

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